



Softball Coach's Packet

Thank you so much for coaching!! We are excited to start the new season and hope you and your team have FUN!! Please turn in your packet, complete with roster, all player fees, signed waivers, and signed code of conduct to the city office building on registration day. **No early, late, or incomplete packets will be accepted. Please don't tell your team members to come sign up individually.** We are requiring background checks on all head coaches. These will be provided by the City of Iona and will be viable for 2 years. Team names and shirt colors are available on a first come first serve basis. If you are not able to fill a team, you may add players from our City of Iona Sports page on Facebook. Players must play at grade level or up, but will not be permitted to play down a level. Practices are held at each coach's discretion. If you hold practices, please schedule them yourselves. Pitching machines may be used for practices. Please schedule them by calling 208-716-8907. Please specify the softball pitching machine and use the north field. Due to the large number of teams, we are scheduling one-hour long practice per team per week on the field. You may schedule a second practice each Monday, according to what is available that week. Feel free to use the grass between fields for practice before or after your scheduled field time. Equipment and gear goes to the team that has the field scheduled.

Season: June 3rd –July 12th. Games will be played both during the day and evening. At this point due to the growth of our league we won't know the days of the week the games will be played until after registration.

Fee: \$41 per player which includes shirt and an end of the season tournament.

(Coaches get a \$5.00 discount for 1 child only)

Registration: Tuesday, April 23rd 5:00 pm-7:00 pm @ Iona City Building 3548 N. Main St. Iona

Wednesday, April 24th 5:00 pm-7:00 pm @ Iona City Building 3548 N. Main St. Iona

Other Information:

- Please make a copy of your roster to keep for yourself, as well as a copy of the rules.
- Coaches and one assistant will be provided a t-shirt. Extra shirts are \$7.50.
- Rain Outs: Please check coach's emails or City of Iona Sports Facebook page in case of bad weather. Coaches will then be responsible to contact all team members.
- Hats/Visors are available upon request for each player \$10 each. Please check with each team member to see if they are interested and appropriate size. Payment for hats/visors is due at registration. These are only optional.

For additional information contact: Sports Director 208-716-8907 Email: cityofionasports@hotmail.com

City of Iona

Hours: 9 to 5 Monday-Friday

Address: 3548 N. Main, PO Box 487, Iona, ID 83427

Softball Rules

2nd-4th Grade Rules

1. A thrown bat will result in one warning and then will be an automatic out. This is for the safety of everyone.
2. A team consists of 10 players on the field, with four players in the outfield.
3. Each batter will get the regular 3 strikes, and 4 balls rule. If you have questions, please ask before the game starts.
4. The “at-bat” for each team will end when three outs are made. If three outs are not made, the team’s “at-bat” will end when 8 runs have scored. Continuation of runners is in effect, so a team may score a max of 11 runs in one inning.
5. Runners may advance only one base on an overthrow. The runner may go as far as they can until the ball is dead. The play is considered dead when the pitcher has the ball. It will be the umpire’s discretion of when the ball is dead. Please be compliant if you are asked to return to a base.
6. A team must begin each game with at least 6 players.
7. Bunting is not allowed.
8. Runners may not lead off the base. No Stealing.
9. No coaches on the field in play area, except in between innings. You may have base coaches on the 1st and 3rd base sidelines.
10. Games are scheduled for 5 innings or 1 hour 5 minutes. If weather conditions begin to be unfavorable during the course of the game, 3 innings will constitute a complete game.
11. No abusive language or behavior will be tolerated from coaches, teams, or fans. Coaches are asked to treat the umpires with respect. If questions arise, discuss the matter with the umpire before or after the game.
12. Games need to start on schedule. A 10-minute grace period will be allowed for the first game only.
13. Please teach your players to slide where necessary (close plays at bases) to avoid collisions and injuries. Umpires will have discretion to call a runner out if a collision could have been avoided by a slide. Likewise, please teach your players covering the bag to not interfere with a runner’s advancement to the next base. Umpires will also have the discretion to allow an extra base if they determine a fielder interferes with a runner’s advancement.

4th and 5th Modified Fast pitch Rules:

1. Games will last 5 innings, or 1 hour and 15 minutes, whichever comes first. If weather conditions begin to be unfavorable during the course of the game, 3 innings will constitute a complete game.
2. 10 players may play in the field. A pitcher, catcher, four infielders, and four outfielders.
3. A maximum of 7 runs per inning. Continuation of runners will be in effect, so a maximum of 10 runs may occur.
4. Bunting and stealing are allowed on a pitch from a player-pitcher only. Bunting and stealing ARE NOT allowed on a pitch from a coach-pitcher. Runners may advance/steal home on an overthrow to third base, a passed ball on the catcher, and an errant throw back from the catcher to pitcher. Stealing home is only applicable on a pitch/passed ball/throwback from a player-pitcher only.
5. If an overthrow goes out of play, runners will advance to the next base as determined by the umpires.
6. A base runner may lead off the base AFTER the player-pitcher releases the ball.
7. Infield fly rule does not apply.
8. There shall be no advancement to first on a dropped third strike from a player-pitcher or coach-pitcher. Base-runners may steal on a dropped third strike, if the pitch is from a player-pitcher only.
9. Play is considered dead when the pitcher has the ball inside of the pitcher's circle. Continuing to run when the ball has reached the infield, but not in the pitcher's circle, is allowed, but it is not a good technique to teach to players.
10. Pitching:
 - A. ABSOLUTELY NO WALKS IN THIS DIVISION! (Except when a player-pitcher hits a batter.)
 - B. We prefer that coaches will teach the "windmill" technique for fast pitch, but it is not required.
 - C. 35-foot pitching rubber with an 11-inch softball.
 - D. Balls and strikes will be called by an umpire.
 - E. A player-pitcher may begin with one foot touching the rubber (Idaho High School rule), and may step back with one foot to begin their motion. (Idaho High School pitching rules apply to this division). (A.S.A. rules require both feet on pitching rubber, and no step back.)
 - F. A player-pitcher will pitch to each new batter. If after a player-pitcher reaches a 4-ball count, and the batter has not struck out or put the ball into fair play, a coach-pitcher for the batting team will enter and deliver a maximum of 3 underhand pitches. (The batter will retain her count and be held accountable for previous strikes). If a batter has not put the ball into fair play after a maximum of 3 pitches from a coach-pitcher, THE BATTER IS OUT, regardless of bad pitches from a coach-pitcher. A coach-pitcher may pitch from anywhere inside the pitcher's circle. The player-pitcher must play even with or behind the coach-pitcher and must remain in the pitcher's circle during the pitch. Fouls balls off a pitch from a coach-pitcher are not factored into the maximum pitches from a coach-pitcher.
 - G. No quick-pitches from the coach-pitcher. They must ensure the defense is ready first. This is for safety reasons. If an umpire determines a coach-pitcher throws a quick-pitch, they will call "NO PITCH!", and play will be restarted.
 - H. The coach-pitcher MAY NOT interfere with a thrown or hit ball. If an umpire determines that a coach-pitcher interferes with a thrown or hit ball, the batter is out and runners will return to their base occupied at the time of the pitch.
11. If a coach-pitcher is hit with a batted ball after delivering a pitch, the ball is considered dead. The batter is awarded first base and all runners may advance one base only. Coach-pitchers will try their best to avoid being struck with a hit ball.
12. Runners may advance as far as they can on a pitch from a coach-pitcher or player-pitcher until the play is called dead from the umpires.
13. Any thrown bat called by an umpire will be an automatic out.
14. Games must begin on time. A 10-minute grace period will be allowed, then a forfeit will be called.
15. No metal cleats please.
16. Runners must slide when necessary to avoid a collision. If the umpire determines a player could have slid to avoid a collision, the runner can be called out, and the play is dead. Likewise, basemen should avoid playing on top of the bag and allow to base runners to run without contact. If an umpire determines a baseman has impeded the progress of the runner, the runner may be awarded the next base.

If questions arise, please discuss the matter with the umpires BEFORE or AFTER the game.

6th-8th Grade Rules

1. A thrown bat will result in one warning and then will be an automatic out. This is for the safety of everyone.
2. A team will have 9 players on the field.
3. A team must begin each game with at least 6 players.
4. A game is scheduled for 5 innings or 1 hour 15 minutes. If weather conditions begin to be unfavorable during the course of the game, 3 innings will constitute a complete game.
5. The “at-bat” for each team will end when three outs are made. A seven run rule will be used. If a team scores 7 runs in one inning, the inning will end. Continuation of runners is in effect, so a maximum of 10 runs in one inning may occur.
6. Bunting is allowed.
7. Runners may not lead off. They may steal after the ball leaves the pitcher’s hand. Runners can advance as far as possible on an overthrow. Play is considered dead when the pitcher has the ball near the pitcher’s rubber, or the ball goes out of play.
8. No coaches on the field in play area, except in between innings. You may have base coaches on the 1st and 3rd base sidelines.
9. Idaho High School rule for pitchers will be used. A pitcher may begin delivery with one foot in contact with pitching rubber and may step back. Please practice pitching and be proficient before the 1st game. (A.S.A. rules require both feet on pitching rubber, and no step back. ASA rules will be enforced if you go to travel tournaments.)
10. No abusive language or behavior will be tolerated from coaches, teams, or fans. Coaches are asked to treat the umpires with respect. If questions arise, discuss the matter with the umpire before or after the game.
11. Games need to start on schedule. A 10-minute grace period will be allowed for the first game only.
12. Please teach your players to slide where necessary (close plays at bases) to avoid collisions and injuries. Umpires will have discretion to call a runner out if a collision could have been avoided by a slide. Likewise, please teach your players covering the bag to not interfere with a runner’s advancement to the next base. Umpires will also have the discretion to allow an extra base if they determine a fielder interferes with a runner’s advancement.
13. A batter may not run to 1st on a dropped 3rd strike.
14. Look-back rule: A walked batter may continue to run to 2nd if the pitcher is in the circle but not on the rubber and has the ball. However, if they hesitate or make a move back to 1st after continuing to 2nd, they are out. However, if the pitcher makes a move to try to throw out the runner, the runner has the right to return to the base without being called out.
15. Since all players on the team will bat, a DP-FLEX or DESIGNATED HITTER will not be used in this league.
16. Players may be pulled for substitutions and allowed to be re-entered in the game at any time, other than the following pitching rule.
17. After a starting pitcher has been pulled, they may re-enter the game to pitch, but only after the relief pitcher has pitched to at least one batter for a full at-bat. If the starting pitcher has been pulled twice during the game, they are not allowed to pitch again that game. All relief pitchers are not allowed to re-enter (as a pitcher) after being pulled once, but may play elsewhere in the field.

Softball Team Roster

Team Name: _____

Coach: _____

Address: _____

Phone #: _____ Cell Phone# _____

Email: _____

Circle One: Softball 2nd-4th, 4th-5th, or 6th-8th

*This is for the grade in which they are currently enrolled.

Player Name	Grade	Shirt Size – Circle one (youth s,m,l or adult sizes)	Hat or Visor \$10 (youth/adult)
1		YS YM YL YXL AS AM AL AXL	
2		YS YM YL YXL AS AM AL AXL	
3		YS YM YL YXL AS AM AL AXL	
4		YS YM YL YXL AS AM AL AXL	
5		YS YM YL YXL AS AM AL AXL	
6		YS YM YL YXL AS AM AL AXL	
7		YS YM YL YXL AS AM AL AXL	
8		YS YM YL YXL AS AM AL AXL	
9		YS YM YL YXL AS AM AL AXL	
10		YS YM YL YXL AS AM AL AXL	
11		YS YM YL YXL AS AM AL AXL	
12		YS YM YL YXL AS AM AL AXL	
13		YS YM YL YXL AS AM AL AXL	

Team Shirt Color: _____ Writing: Black/White

(To be selected at sign-ups. We will have a catalog with all the colors available.)

Coach shirt size: _____ (Regular or Ladies Fit) Hat or Visor (\$10): _____

Assistant shirt size: _____ (Regular or Ladies Fit) Hat or Visor (\$10): _____

Release of Liability: I am the parent or legal guardian of the participant _____, a minor child. I understand that participation in youth athletic programs inherently involves risk of bodily harm and that injuries may occur despite the best efforts of the sponsors. I represent that participant is physically fit and has no physical condition that would materially limit his or her involvement in the program or create an unusual risk of bodily harm through participation in the program. In consideration for the City's agreement to allow participant's involvement in the program, I release and forever discharge the City of Iona and District 93, along with their representatives from all actions, causes of action and claims for damages, injury or loss to person or property, including attorney's fees and costs, that may be sustained during or as a result of participant's participation or involvement in the program. I further consent to and agree to allow participant to receive emergency first aid treatment for injuries suffered during program activities and I agree to hold the City and its officers, agents, and employees harmless from any and all claims arising out of the delivery of such emergency first aid treatment. This release is signed in behalf of my spouse and in behalf of such minor participant. **Rules, Policies and Regulations.** I acknowledge and represent that I have read and understand the City's rules, policies and regulations concerning the program and that on behalf of myself and participant. I understand that the goals and objectives of the City of Iona's Sports Program are based on fun, fair-play, skill development and team work. The use of obscenities, abusive language or improper conduct can result in being asked to leave the premises. I agree to abide by such rules. I also understand that participant's right to participate in the program may be withdrawn in the event of any material violation thereof.

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City of Iona

Participant/Coach/Spectator Code of Conduct

Participants (Coaches, Parents, Spectators, and Players) WILL:

- Be respectful to teammates, coaches, opposing coaches and members of the other team, referees/umpires, fans, spectators, and City of Iona property.
- Never place the value of winning above the value of instilling the highest ideals of character.
- Respect the decisions of the referees/umpires, even when their calls do not go in your favor.
- Remember that this is a recreational league to teach skills and enjoyment of the game, and to have fun.
- Help ensure that the game environment, including City of Iona, is free of illegal drugs, tobacco, and alcohol.

Participants (Coaches, Parents, Spectators, and Players) WILL NOT:

- Exhibit unsportsmanlike conduct toward players, referees/umpires, spectators, and opposing team members.
- Use abusive, obscene, profane, or damaging language.
- Begin or engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, referee/umpire, City of Iona Staff, or any other attendee.
- Initiate an argument, fight, or scuffle with any coach, parent, player, participant, referee/umpire, City of Iona staff, or any other attendee.
- Cheer or chant against the opposing team.

Rights of the City of Iona

- The City of Iona reserves the right to eject any offender from the game premises, or to suspend the offender from future City of Iona, who violates any standard of the City of Iona Code of Conduct. This is solely to the discretion of the City of Iona Staff.
- The City of Iona reserves the right to conduct a background check on any coaches as the City of Iona sees necessary.

Acknowledgement

By submitting my team's registration for the City of Iona Baseball or Softball League, I agree:

- My team (parents included) and I have read and will abide by The City of Iona Code of Conduct.
- My team (parents included) and I will report unaddressed violations of The City of Iona Code of Conduct to City of Iona Staff.

Signature: _____

Date: _____