

City of Iona/District 93  
Winter Basketball League



# Coach's Packet

Thank you so much for coaching!! We are excited to start the season and hope you and your team have FUN! Please turn in your packet, complete with roster, all player fees, signed waivers, background check form, and signed Code of Conduct and Facilities Agreement at registration. Please make sure that each parent has read the Code of Conduct and COVID Facilities Use Agreement before they sign the liability waiver. If you are not able to fill your roster, please check our Facebook page for players still looking for a team. Players must play at grade level or play up, but will not be permitted to play down a level. Practices are held at each coach's discretion. The elementary schools, if available, charge \$2.50/hour for practice use and may be scheduled with the school secretary (the sooner, the better). Game schedules will be available online and emailed to you when completed in early December. **Disclaimer:** If the season is canceled prior to start date, a refund will be issued minus a \$5 administration fee and \$8.50 jersey per player.

**7 Game Season:** January 9<sup>th</sup>-February 27<sup>th</sup> on Saturdays at various District 93 elementary and secondary schools. Grades 4-6 will be using full sized gyms.

**Leagues:** Kindergarten, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> grade are co-ed.  
4<sup>th</sup>, 5<sup>th</sup>/6<sup>th</sup> grade girls  
4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> grade boys

**Fee:** \$42 includes reversible

**Drop-off Registration:** Registration opens on Tuesday, November 10<sup>th</sup> and closes on Thursday, November 12<sup>th</sup>. Please drop your completed packet off at the Iona City Building, 3548 N. Main St. from 9:00 am to 5:00 pm.

## Registration Guidelines:

- Space is limited so please register early. Preference will be given to D93 teams.
- DO NOT paperclip your packet together. Please use a staple or a manila envelope to secure your paperwork.
- Please provide **only 1 check per team**. Team members should pay the coach and the coach can write a check for the entire team to the City of Iona.
- Background checks are required for head coaches unless you completed one for the 2020 City of Iona basketball season.
- If you are coaching 2 teams, be sure to fill in the required information on the TEAM ROSTER.
- We **WILL** accommodate schedule conflicts for coaches with no more than two teams. We **WILL NOT** accommodate other special scheduling requests (personal activities, sports tournaments, etc). Please let the league director know if your team is unable to attend a game so we can make arrangements for another team to play in your timeslot. Missed games will not be made up and considered a forfeit.
- Make a copy of your roster to keep for yourself, as well as a copy of the rules.
- Please turn in your team registration packet, complete with team roster, one check, signed waivers, background checks (required for head coaches unless you completed one for the 2020 City of Iona baseball season), and signed code of conduct to the city office building before the closing date. We are not accepting individual registrations.
- **No early, late, or incomplete packets will be accepted. Please don't tell your team members to come sign up individually.**
- For additional questions please call or text Heidi at 208.716.8907.

## City of Iona/Bonneville District 93 Facility Use COVID Protocols

**I understand that the following facilities protocols will be in place during 2021 basketball season:**

- All individuals must wear a mask in all public areas as outlined by the mask mandate from East Idaho Public Health. This includes areas in which a six-foot distance cannot be maintained from any person who is not a member of their household and includes such times as entering or exiting the facility or using the restrooms.
- Spectators per participant will be limited.
  - Idaho Rebounds Phase 3 = 1 spectator per participant
  - Idaho Rebounds Phase 2 = 2 spectators per participant
- Once the game is over please exit the facility as quickly as possible to allow enough time to disinfect before the next game.
- Each player should have their own water bottle. Drinking fountains will not be available.
- Teams arriving to play are welcome to come inside the building once the GREEN poster is displayed. If the poster is RED, please wait to come inside until it is changed to GREEN. This will help with overcrowding.
- Players will not be required to wear masks while playing the game.

### **Acknowledgement**

My team (parents included) and I have read and will abide by the City of Iona/Bonneville District 93 Facility Use COVID Protocols. If anyone from my team (parent included) are found in violation of these protocols they will be suspended from play and a refund will not be given.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# City of Iona/District 93

## Basketball League Rules and Regulations

### General Information/Game layout:

- ✓ Rim heights:
  - Kindergarten= 6-7 ft.
  - 1<sup>st</sup> grade = 7 ft.
  - 2<sup>nd</sup> grade= 8 ft.
  - 3<sup>rd</sup> grade= 9 ft.
  - 4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> grade= 10 ft.
  - Rim heights are approximate. Some gyms will be slightly different.
- ✓ Ball size:
  - K-3<sup>rd</sup> leagues will use a junior size (27.5) ball.
  - 4<sup>th</sup>-6<sup>th</sup> girl's leagues will use a women's size (28.5) ball.
  - 4<sup>th</sup>-5<sup>th</sup> boy's leagues will use a women's size (28.5) ball.
  - 6<sup>th</sup> boy's leagues will use a men's size (29.5) ball.
- ✓ Four (4) players needed to start the game.
- ✓ No abusive language or behavior to the players or officials.
- ✓ This league is to gain basketball skills, PLEASE follow all rules as outlined.
- ✓ A jump ball will begin all games K-6<sup>th</sup>. Please teach your team how this works.
- ✓ Please have your team there on time. There will be a ten minute grace period and then a forfeit will occur.
- ✓ Four (4) quarters per game. Eight (8) minutes per quarter with a five (5) minute halftime.
- ✓ Two (2) One minute timeouts per half
- ✓ No score kept in K-3<sup>rd</sup> leagues.
- ✓ Clock will stop the last two minutes of the last quarter in 4<sup>th</sup>-6<sup>th</sup> leagues. If lead is greater than 10 points in last quarter, clock will continue to run.
- ✓ Score is not displayed in grades 4<sup>th</sup>-6<sup>th</sup> if score is greater than 20 points.
- ✓ K-3<sup>rd</sup> substitutions will be done at mid-quarter and at the end of the quarter. 4-6<sup>th</sup> substitutions must be done on a dead ball. Clock will stop for dead-ball subs in 4-6<sup>th</sup> leagues. Subs need to hustle on and off.

### Violations: (K-5<sup>th</sup>)

- ✓ No three (3) second key will be enforced.
- ✓ No back-court will be enforced.
- ✓ No ten second line is used. We will instruct our referees to prevent extended backcourts.
- ✓ Full court press is not allowed. Please instruct your players to wait until half court to defend.
- ✓ Shot blocking is not allowed in K-3<sup>rd</sup> leagues. If defender's hands are straight up, it may result in a blocked shot. Referee discretion will decide outcome of play.
- ✓ Shot blocking is allowed in 4<sup>th</sup>-6<sup>th</sup> leagues.
- ✓ In K-3<sup>rd</sup> leagues, turnovers will not be a result of the violations.
- ✓ There will be no stealing in the K-3<sup>rd</sup> leagues, unless it is on a pass or the player clearly loses control of the ball. Please do not instruct your players to continue attempting to steal from a player who is learning to dribble once the referee has warned them. After being warned twice to not steal on a dribble, a player will sit for four minutes.
- ✓ Man to Man defense. No zone defense.
- ✓ No purposeful double-teaming. Understand that some double-teaming may inadvertently happen at times when a ball-handler moves through the defense or a teammate crowds the ball handler and draws their defender to the ball handler. In 4<sup>th</sup> & 5<sup>th</sup> leagues, the second defender may steal the ball if he/she is "within reach" while closely guarding their man. Referee discretion will determine a purposeful double-team.

- ✓ “Switching” or “Help Defense” is allowed. In K-3<sup>rd</sup> leagues, help defense is allowed on fast breaks or when a legal screen is executed by the offense and frees the ball handler from the defender with a matching wrist band. The help defender must immediately return to the matching wrist band once their teammate has recovered. Players do not switch wristbands among teammates after teams have lined up and have identified the player they will defend. In 4<sup>th</sup> & 5<sup>th</sup> leagues, the help defender can either make a true switch with their teammate, or they must immediately abandon their position once their teammate has recovered.

Fouls/Free throws:

- ✓ No fouls will be kept in K-3<sup>rd</sup> leagues. Team and personal fouls will be kept in 4<sup>th</sup>-6<sup>th</sup> leagues.
- ✓ A player will foul out after five (5) personal fouls in 4<sup>th</sup>-6<sup>th</sup> leagues.
- ✓ No free throws in K-3<sup>rd</sup> leagues.
- ✓ Two free throws will be awarded on a shooting foul in the 4<sup>th</sup>-6<sup>th</sup> leagues.
- ✓ Clock stops for free throws in 4<sup>th</sup>-6<sup>th</sup> leagues. Referees will instruct players not to jump over the foul line when shooting free throws, but it will not be a violation this year except for 6<sup>th</sup> grade.
- ✓ A I-and-I free throw attempt will be given on team fouls 7-9 in the 4<sup>th</sup>-6<sup>th</sup> leagues. A “double-bonus” will be given on team fouls 10+.

6<sup>th</sup> grade rules: Typical Idaho High School rules with the following exceptions:

- ✓ Clock will only stop throughout the game on time-outs, free throws, and if the game is within 10 points the last 2 minutes of the 4<sup>th</sup> quarter or overtime. If overtime occurs, it will be 2 minutes.
- ✓ A player will receive 2 free throws on a shooting foul. On team fouls 7-9, a I-and-I will be given. On team fouls 10+, a player will be given 2 free throws.
- ✓ No double-teaming if lead is greater than 15 points.
- ✓ No full court press if lead is greater than 15 points.

**Rules may change at director’s discretion. Please be compliant!!**



**CRIMINAL BACKGROUND CHECK WAIVER  
AND RELEASE OF ALL CLAIMS**

Please read this form carefully and be aware that by agreeing to allow the City of Iona to investigate your criminal background, you will be waiving and releasing all claims for damages you might sustain out of the criminal background check and review.

I understand that a successful criminal background check is a condition of my employment/volunteerism with the City of Iona. Furthermore, I understand that providing false information will result in a negative background check and you will not be allowed to be an employee or volunteer for the City of Iona.

I agree to waive and relinquish all claims I may have against the City of Iona and their officers, agents, servants and employees, as a result of participating in the criminal background check.

I do hereby fully release and discharge the City of Iona, their respective officers, agents, servants and employees from any and all claims from damages which I may have or may occur to me on account of the results of any aspect of the criminal background check.

I understand I will not be able to work or volunteer in any manner until this background check is complete and approval is confirmed through the Iona Police Department.

I understand background checks for employment/volunteerism with the Iona Sports Program will be valid for the current calendar year, the positive check was completed, and the following calendar year.

I have read and fully understand this Waiver and Release of All Claims.

Please read carefully and print clearly.

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Middle Name

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
Date of Birth (00/00/0000)

\_\_\_\_\_  
Sex (M or F)

\_\_\_\_\_  
Social Security Number

\_\_\_\_\_  
Current Email Address

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
Zip Code

\_\_\_\_\_  
Signature

# City of Iona

## Participant/Coach/Spectator Code of Conduct

### **Participants (Coaches, Parents, Spectators, and Players) WILL:**

- Be respectful to teammates, coaches, opposing coaches and members of the other team, umpires, fans, spectators, and City of Iona/District 93 property.
- Never place the value of winning above the value of instilling the highest ideals of character.
- Respect the decisions of the referees/umpires, even when their calls do not go in your favor.
- Remember that this is a recreational league to teach skills and enjoyment of the game, and to have fun.
- Help ensure that the game environment, including City of Iona and District 93 property, is free of illegal drugs, tobacco, and alcohol.

### **Participants (Coaches, Parents, Spectators, and Players) WILL NOT:**

- Exhibit unsportsmanlike conduct toward players, referees/umpires, spectators, and opposing team members.
- Use abusive, obscene, profane, or damaging language.
- Begin or engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, referee/umpire, City of Iona Staff, or any other attendee.
- Initiate an argument, fight, or scuffle with any coach, parent, player, participant, referee/umpire, City of Iona staff, or any other attendee.
- Cheer or chant against the opposing team.

### **Rights of the City of Iona**

- The City of Iona reserves the right to eject any offender from the game premises, or to suspend the offender from future City of Iona/District 93 games, who violates any standard of the City of Iona Code of Conduct. This is solely to the discretion of the City of Iona Staff.
- The City of Iona reserves the right to conduct a background check on any coaches as the City of Iona sees necessary.

### **Acknowledgement**

By submitting my team's registration for the City of Iona District 93 Basketball League, I agree:

- My team (parents included) and I have read and will abide by The City of Iona Code of Conduct.
- My team (parents included) and I will report unaddressed violations of The City of Iona Code of Conduct to City of Iona Staff.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Team Roster

Team Name: \_\_\_\_\_ Team Grade: \_\_\_\_\_

Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Coaching another team? Name/age group: \_\_\_\_\_

Team Skill Level- Beginner or Competitive (Please circle one. If your team won most of their games last year then they would be considered competitive.)

	Reversible Size (circle one)	Team Member Name & Phone Number	Grade
1	YXS YS YM YL YXL AS AM AL AXL 2X		
2	YXS YS YM YL YXL AS AM AL AXL 2X		
3	YXS YS YM YL YXL AS AM AL AXL 2X		
4	YXS YS YM YL YXL AS AM AL AXL 2X		
5	YXS YS YM YL YXL AS AM AL AXL 2X		
6	YXS YS YM YL YXL AS AM AL AXL 2X		
7	YXS YS YM YL YXL AS AM AL AXL 2X		
8	YXS YS YM YL YXL AS AM AL AXL 2X		
9	YXS YS YM YL YXL AS AM AL AXL 2X		
10	YXS YS YM YL YXL AS AM AL AXL 2X		
11	YXS YS YM YL YXL AS AM AL AXL 2X		
12	YXS YS YM YL YXL AS AM AL AXL 2X		

**Release of Liability:** I am the parent or legal guardian of the participant \_\_\_\_\_, a minor child. I understand that participation in youth athletic programs inherently involves risk of bodily harm and that injuries may occur despite the best efforts of the sponsors. I represent that participant is physically fit and has no physical condition that would materially limit his or her involvement in the program or create an unusual risk of bodily harm through participation in the program. In consideration for the City's agreement to allow participant's involvement in the program, I release and forever discharge the City of Iona and District 93, along with their representatives from all actions, causes of action and claims for damages, injury or loss to person or property, including attorney's fees and costs, that may be sustained during or as a result of participant's participation or involvement in the program. I further consent to and agree to allow participant to receive emergency first aid treatment for injuries suffered during program activities and I agree to hold the City and its officers, agents, and employees harmless from any and all claims arising out of the delivery of such emergency first aid treatment. This release is signed in behalf of my spouse and in behalf of such minor participant. **Rules, Policies and Regulations.** I acknowledge and represent that I have read and understand the City's rules, policies and regulations concerning the program and that on behalf of myself and participant. I understand that the goals and objectives of the City of Iona's Sports Program are based on fun, fair-play, skill development and team work. The use of obscenities, abusive language or improper conduct can result in being asked to leave the premises. I agree to abide by such rules. I also understand that participant's right to participate in the program may be withdrawn in the event of any material violation thereof.

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